

COVID-19 SAFETY PLAN

Version 10

COVID-safe Environment Plan

Sailability Toronto

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1. Introduction

The purpose of this COVID-19 Safety Plan (**Plan**) is to provide an ongoing plan for the implementation and management of procedures by **Sailability Toronto** to support its members and participants during club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of the Sailability Toronto, any facilities it controls, the behaviour of all members and participants and the monitoring and reporting of the health of attendees at Sailability Toronto facilities.

This Plan includes, but is not limited to, the conduct of:

- a. staged training, sailing and competition activities (sport operations); and
- b. facility management, meetings and supporting operations (facility operations).

At all times the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

2. Key Principles

This Plan is based on, and accepts **all current NSW Health Department Orders**.

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on Sailability Toronto's plans;
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19; and
- Sailability Toronto must continue & consider and apply all applicable State and Territory Government and local restrictions and regulations. Sailability Toronto needs to be prepared for any localised outbreak at our facilities, within our membership or in the local community.

3. Responsibilities under this Plan

Sailability Toronto retains the overall responsibility for the effective management and implementation of the sport activities and operations outlined in this Plan.

The Executive of Sailability Toronto is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

The Executive has appointed the following person as the Sailability Toronto COVID-19 Safety Officer to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan:

Name	Mike Barry
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Sailability Toronto expects all members, participants, and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time;
- Comply with any testing and precautionary measures implemented by Sailability Toronto;
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

4. Operational Plan

This is the branch specific COVID-safe Environment Plan for Sailability Toronto for the training and procedures to be applied at it's branch.

Note: At the time of publication of this version of the Safety Plan almost all of the NSW Health Department restrictions regarding mask wearing and social distancing have been lifted for the general public. However, NSW Health guidelines for Disability Day Programs apply to Sailability Toronto's activities. Sailability Toronto will continue to operate with this branch specific Safety Plan to minimize any health risk to our volunteers, sailors & carers.

Sailing and Facility Operations

1. In order to enable compliance with all current NSW Covid-19 Public Health Orders as published up to 18th July 2022, and to effectively manage risks to participants, **the following strict conditions apply:-**
 - a) In all cases, you are not permitted in the vicinity of Toronto Amateur Sailing Club and Toronto Sailability facilities or to sailing, if: you or anyone in your immediate family or work colleagues has COVID-19 confirmed by either a PCR test or a self-administered RAT test;
 - b) if you or anyone in your immediate family and work colleagues has been in contact with a known COVID-19 patient;
 - c) if you or anyone in your immediate family are the subject of a NSW Public Health (Covid-19 Self-Isolation) Order
 - d) if you have been in a recognised Covid hotspot.
 - e) if you have a cold or cold-like symptoms
 - f) **Only triple vaccinated volunteers & carers can attend as per the NSW Health Order for Disability day programs.**

2. **The NSW Health Order for Disability day programs further recommends the following Covid-19 safe practices.**
 - **All people with a disability are encouraged to be fully vaccinated.**
 - **All attendees are encouraged to wear a mask when indoors.**
 - **Regular use of alcohol-based hand sanitiser is encouraged.**
 - **A distance of at least 1.5 meters is to be maintained from other people where practical.**
 - **A Covid-19 Safety Plan is to be in place.**

3. **Members must sign in and out and must acknowledge that they comply with the conditions listed above and they must provide contact details by completing the paper sign on/off sheet.**

Sailability Toronto will comply with the record keeping, privacy & security requirements of NSW Health.

4. All attendees **MUST** be briefed on and **strongly encouraged** to follow requirements below **prior to commencing each sailing day's activities by the Covid Safety Officer or Duty Officer:**
 - a) Wash/sanitize hands before, during and after activities;
 - b) Sneeze, cough into elbow or tissue (disposed of appropriately);
 - c) Maintain 1.5 metres social distancing where practical;

- d) Wear a mask indoors or anywhere where social distancing is not possible e.g. assisting on the pontoon or when sailing 2-up.
 - e) No hand shaking or physical contact;
 - f) If you start to feel unwell TELL US IMMEDIATELY
 - g) Read displayed posters outlining relevant personal hygiene guidance.
5. Whenever possible, social distancing is to be practiced in the Club room and boat store area.

The BBQ may be operated outdoors. Social distancing is to be applied. Masks are to be worn by BBQ staff.

6. Members should arrive dressed ready to sail whenever possible. The use of change rooms and toilets is allowed.
7. All Hansa 303 or 2.3s can be sailed single or double handed. 2-up sailing is permitted as this is within the limit on the boat Builder's Plate. Mask wearing is strongly encouraged when sailing 2-up. Support boats are permitted to have up to the number of people on board as per the Builder's Plate.
8. Members are strongly encouraged to use sanitizer and ensure that hands are sanitized before and after touching any surfaces at the club, including side doors, roller door, dollies, hoses, toilets and hand basins. Sanitising stations are located at sign-on/off desk in Club room & boat store area, in the rigging area and on the pontoon.
9. Shared equipment (joysticks, sheet ropes, life jackets (PFD), decks and seats etc), are to be **cleaned &** then **sanitized** at each change of user. A hose or soapy water can be used to clean off sand, dirt etc, then either a sanitizer of 70% or more alcohol, or an appropriate disinfectant in accordance with manufacturers specifications. Alcohol must be allowed to air dry (approx. 10 min) before the next user can access it.

10. If an attendee displays symptoms:-

- a) **STOP ACTIVITIES;**
- b) **Mask the sick person and move away from others;**
- c) **Clean and sanitize all equipment;**
- d) **Recommend that they get tested and request notification of results;**
- e) **Keep a copy of attendance sheet available for contact tracking;**
- f) **Notify attendees that someone has displayed symptoms;**
- g) **Notify Toronto Sailability members and other bookings that activities have been cancelled;**
- h) **Notify all attendees when results are received – whether negative or positive.**

11. A participant showing signs of stress or expressing concerns should be directed to, the very useful mental health and well-being resources on the NSW Health Commission website; <https://nswmentalhealthcommission.com.au/mental-health-and-the-coronavirus>
12. To ALL Members. Please ensure that you observe these rules if you intend to participate in the activities permitted under current Public Health Orders. If people are found not to have observed these rules, we will have no option but to close all activity. Also please note that members accessing the Toronto Sailability facilities do so at their own risk and that the Toronto Sailability takes no responsibility if law enforcement officers take a different view as to interpretation of the Public Health Orders.

Maintaining the physical and mental well-being of the public is now as important as ever. WHEREVER POSSIBLE, IT IS IMPORTANT THAT SPORTING CLUBS AND ORGANISATIONS CONTINUE TO ALLOW PEOPLE TO EXERCISE, SO LONG AS SOCIAL DISTANCING IS PRACTISED AND RULES AROUND PUBLIC GATHERINGS ARE COMPLIED WITH.

13. **“LET’S ENJOY SAILING SAFELY.”**

14. STAY SAFE AND WELL!

Sailability Toronto Executive 10th September 2022